

2020 UT Dallas Virtual Benefits and Wellness Fair



Smart Benefits Shopping:

✓ Find It. ✓ Use It. ✓ Love It.

Hit the mall July 20 – July 31!

Featuring games, presentations, and interactive experiences, this year's virtual benefits fair will fill your shopping cart. **Click on** items in the table below to access activities and information throughout the day. Browse, check things off your list, and make sure you're taking full advantage of your benefits.

Use the appropriate QR code to download the special benefits fair app and access the benefits fair website. Prizes will be awarded throughout the day and announced via the benefits fair app. Keep checking to see if you've won! See you at the virtual mall!



Benefits Fair Website



Google Play store



Apple App store



July 20, 2020

SCHEDULED VIRTUAL FAIR ACTIVITIES

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|-------------------------|--|
| Greetings | Welcome/Entrance to the mall |
| All day | My UT Benefits Enrollment – Review your benefits and enroll |
| 8:00 a.m. – 8:20 a.m. | Wellness Boost |
| 8:20 a.m. – 8:30 a.m. | Spin the prize wheel. Be the early bird winner! |
| 8:30 a.m. – 9:00 a.m. | Employee Assistance Program |
| 9:00 a.m. – 4:00 p.m. | Chat with your Benefits Administrator via Teams for enrollment assistance |
| 9:00 a.m. – 4:00 p.m. | Random prize drawings for virtual shoppers announced via the benefits fair app |
| 9:00 a.m. – 9:30 a.m. | Take Charge of Your Retirement: Staying on track of your goals – access code: 160 705 6840 |
| 9:30 a.m. – 10:00 a.m. | Trivia game with prizes |
| 10:30 a.m. – 11:30 a.m. | Benefits and wellness overview by UT System Office of Employee Benefits |
| 11:30 a.m. – 11:45 a.m. | BOGO (Benefits Options Go Online) |
| 11:50 a.m. – 12:30 p.m. | Bingo game with prizes |
| 12:30 p.m. – 1:00 p.m. | Lunch break! Scroll the virtual benefits mall or join Spin the prize wheel |
| 1:00 p.m. – 1:30 p.m. | Omada program – access code: 963 639 443 |
| 1:30 p.m. – 2:00 p.m. | Livongo Programs (Diabetes and Hypertension) – access code: 963 639 443 |
| 2:00 p.m. – 2:30 p.m. | Hinge health – access code: 963 639 443 |
| 2:30 p.m. – 3:00 p.m. | MDLIVE – access code: 963 639 443 |
| 3:00 p.m. – 3:20 p.m. | BCBS Health Advocacy Solutions – access code: 963 639 443 |
| 3:30 p.m. – 4:00 p.m. | UT CONNECT 2020–2021: A plan designed for you and your family |
| 4:05 p.m. – 4:15 p.m. | Spin the prize wheel |
| 4:20 p.m. – 4:50 p.m. | Brain Boost |
| 4:55 p.m. – 5:00 p.m. | Virtual mall announcement |

CONCURRENT ACTIVITIES

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| 24/7 | Get 24/7 access to all your plan benefit options...see what's available here . |
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| TUESDAY, JULY 21, 2020 | |
|--------------------------|--|
| All day | My UT Benefits Enrollment – review your benefits and enroll |
| 12:00 p.m. – 1:00 p.m. | Your Financial Wheel of Fortune – live trivia game |
| 2:00 p.m. – 3:00 p.m. | DART passes and virtual parking permit |
| 3:30 p.m. – 3:40 p.m. | Financial IQ quiz with a chance to win a prize |
| WEDNESDAY, JULY 22, 2020 | |
| All day | My UT Benefits Enrollment – review your benefits and enroll |
| 10:00 a.m. – 11:00 a.m. | How TRS and the voluntary plans work together |
| 11:30 a.m. – 12:30 p.m. | Tech Neck webinar – register now! |
| 2:00 p.m. – 3:00 p.m. | Is TRS enough? Your personal calculations |
| 3:30 p.m. – 3:40 p.m. | Financial IQ quiz with a chance to win a prize |
| THURSDAY, JULY 23, 2020 | |
| All day | My UT Benefits Enrollment – review your benefits and enroll |
| 9:30 a.m. – 10:30 a.m. | Scavenger hunt of home health, wellness, and safety supplies |
| 11:00 a.m. – 12:00 p.m. | Emotions and your money |
| 1:00 p.m. – 2:00 p.m. | Take the first step to investing – reserve your spot today! |
| 2:30 p.m. – 2:50 p.m. | Build strong tomorrow: Women's brainshark presentation |
| 3:30 p.m. – 3:40 p.m. | Financial IQ quiz with a chance to win a prize |
| FRIDAY, JULY 24, 2020 | |
| All day | My UT Benefits Enrollment – review your benefits and enroll |
| 10:00 a.m. – 10:10 a.m. | Market bubbles: Understanding their causes and potential ways to manage them |
| 10:30 a.m. – 11:30 a.m. | Your Financial Wheel of Fortune – live trivia game |
| 12:00 p.m. – 1:00 p.m. | Life and Disability 101 |
| 3:30 p.m. – 3:40 p.m. | Financial IQ quiz with a chance to win a prize |
| SATURDAY, JULY 25, 2020 | |
| All day | My UT Benefits Enrollment – review your benefits and enroll |
| All day | Shop the virtual benefits mall |
| SUNDAY, JULY 26, 2020 | |
| All day | My UT Benefits Enrollment – review your benefits and enroll |
| All day | Shop the virtual benefits mall |
| MONDAY, JULY 27, 2020 | |
| All day | My UT Benefits Enrollment – review your benefits and enroll |
| 11:00 a.m. – 12:00 p.m. | Psychology, meet weight loss. What is Naturally Slim? Register now! |
| 12:30 p.m. – 1:30 p.m. | Is TRS enough? Your personal calculations |
| 2:00 p.m. – 3:00 p.m. | Interest rates: Understanding how they impact your spending and saving decisions |
| 3:30 p.m. – 3:40 p.m. | Financial IQ quiz with a chance to win a prize |

| TUESDAY, JULY 28, 2020 | |
|--------------------------|--|
| All day | My UT Benefits Enrollment – review your benefits and enroll |
| 9:30 a.m. – 10:30 a.m. | UTD Tech Store virtual booth |
| 11:00 a.m. – 12:00 p.m. | Learn the basics of when and how to claim Social Security benefits. Reserve your spot today! |
| 1:00 p.m. – 1:15 p.m. | Managing debt: The art of balancing spending and savings. |
| 1:30 p.m. – 2:30 p.m. | Mindful Meditation by Amy Lewis Hofland – password: jade |
| 3:30 p.m. – 3:40 p.m. | Financial IQ quiz with a chance to win a prize |
| WEDNESDAY, JULY 29, 2020 | |
| All day | My UT Benefits Enrollment – review your benefits and enroll |
| 11:30 a.m. – 12:30 p.m. | Airrosti health on the move. Register now! |
| 12:30 p.m. – 1:30 p.m. | Your Financial Wheel of Fortune – live trivia game |
| 2:00 p.m. – 3:00 p.m. | Halfway There: A retirement checkup |
| 3:30 p.m. – 3:40 p.m. | Financial IQ quiz with a chance to win a prize |
| THURSDAY, JULY 30, 2020 | |
| All day | My UT Benefits Enrollment – review your benefits and enroll |
| 11:00 a.m. – 11:30 a.m. | Bingo game with prizes |
| 11:45 a.m. – 12:45 p.m. | Mindful Meditation by Amy Lewis Hofland – password: jade |
| 2:00 p.m. – 2:15 p.m. | Retire right: Budgeting for the future you want |
| 3:30 p.m. – 3:40 p.m. | Financial IQ quiz with a chance to win a prize |
| FRIDAY, JULY 31, 2020 | |
| 10:30 a.m. – 11:00 a.m. | Trivia game with prizes |
| 11:15 a.m. – 11:25 a.m. | Financial IQ quiz with a chance to win a prize |
| 11:45 a.m. – 12:45 p.m. | Is TRS enough? Your personal calculations |
| 1:00 p.m. – 2:00 p.m. | Let's end the fair with Magic Parlour! |
| Open until 11:59 p.m. | My UT Benefits Enrollment – last day to review and enroll for benefits |



END THE FAIR WITH MAGIC PARLOUR!

Friday, July 31, 1:00 p.m.

Get in the checkout line and attend a virtual magic experience. Register in advance [here](#). Have a deck of playing cards handy.

They'll be destroyed, so make sure it's not a deck you want to keep.

ABRACADABRA!

For the best experience:

- Please join the meeting 5–10 minutes prior to start time.
- Turn your camera on and your microphone off.
- Make sure you know how to mute and unmute your microphone.
- Select Speaker View as your view. You won't have a clear view if you're on Grid View.

REGISTER TODAY!

