

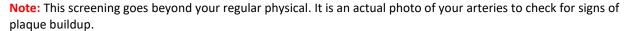
## CARDIOVASCULAR SCREENING EVENT SIGN UP TODAY!

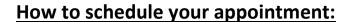
## February 21st, 2020 at UT Dallas

(Screening is covered with no out of pocket cost for employees on the UTD insurance plan)

## Cardiovascular screenings can help identify potential risk that could lead to a stroke or heart attack

- Screening includes:
  - Carotid ultrasound screens for plaque in the carotid arteries to detect and help prevent strokes.
    (noninvasive)
  - Duplex ultrasound of extremities screens for narrowing or blockage in the lower extremities.
- **Risk factors include** (does not include all risk factors):
  - o High blood pressure or cholesterol
  - o Family history of heart disease or stroke
  - Sedentary lifestyle
  - o Age 40 and over
  - High fat diet / Obesity
  - Diabetes
  - Smoking





- Click on the link: **REGISTER HERE** or call 972-330-1290 to secure your appointment time.
- We will contact you for insurance information and send paperwork that needs to be completed.
- Day of the appointment bring a copy of your insurance card, photo ID and paperwork. (Please bring a photocopy of your cards that we can keep.)



