



The Office of Administration and the Employee Wellness Committee cordially invite you to

What Are You Hungry For? A Mindful Eating Exercise

— **Lunch & Learn** —

A presentation by Angela Lovell, MAPC, RDN, LD,
Dietitian and Nutrition Counselor at Nutrition Therapy and Wellness.

May 25, 2017
12:00 p.m. - 1:00 p.m.
Galaxy Rooms A & B (**SU 2.602**)

RSVP to taylor.tran@utdallas.edu by May 18 to reserve your lunch.