Brain Health – Mind & Body Wellness Series I — Lunch and Learn —

Emotional Intelligence

By: Terry Cartwright, SPHR, Manager of Training and Organizational Development

April 13, 2017 12:00 p.m. – 1:00 p.m. Naveen Jindal School of Management (JSOM) Meeting Rooms: 11.214 & 11.218

Ask most people what characteristics successful, happy people bring to the work place and exhibit in their lives, and more times than not, the answers will center around their ability to work with and interact with people.

Emotional intelligence has become the new standard for the workplace in many, many organizations and companies. This presentation will dig down below the surface to understand what competitive advantages emotional intelligence offers and ways to incorporate it into your career and your life.

This workshop is limited to 100 participants.

Reserve your spot by registering by April 10 at:

https://utdallas.gualtrics.com/jfe/form/SV 2bGQJITqMdCh7St



Questions? Contact Nora.Pena@utdallas.edu

UT Dallas Wellness Committee utdallas.edu/wellness