



NEW Year-Round Tracking Tool Available to UT SELECT Members Aged 18+

Keep up your activity and join colleagues across UT System in-between our system-wide and institution activity challenges.

You can integrate wearable trackers or free activity-tracking smartphone apps.

Register at utlivingwell.com starting on November 28th!

**Track your
steps
year-round!**

LivingWell make it
a priority