

PEP RALLY

Promote Fitness.
Educate on Health & Benefits.
Plan for Financial Future.

Come to the *Benefits for Life* PEP Rally at the 2016 UT Dallas Benefits and Wellness Fair

Show some PEP! Join us for presentations and health-related services designed to help improve your knowledge, physical health, and financial fitness.

UT Dallas
Student
Union

July 18, 2016

9:00 a.m.-
4:00 p.m.

PRESENTATIONS Galaxy Room (SU 2.602)		ACTIVITIES Galaxy Rooms (SU 2.602)
9:00 a.m.	Comet Spirit Cheerleaders and TEMOC Tasty Smoothie with Veggie Power	9:00 a.m.-2:30 p.m. (Gemini and Phoenix rooms) Free On-Site Health Checkups by Catapult (advance registration required) 9:00 a.m.-4:00 p.m. Airrosti Evaluation - Complimentary injury assessments (advance registration required) Free 10 minute massages by Ke-Kino Prizes and Games Vendor Booths Food 10:00 a.m.-3:00 p.m. Photo Booth 11:00 a.m.-1:00 p.m. Blue Bear - BCBSTX Mascot
10:30 a.m.	American Cancer Society	
10:50 a.m.	What's New in Benefits for FY 2016-17	
11:30 a.m.	Healthful Grocery Shopping Tip and Tricks	
12:20 p.m.	What's New in Benefits for FY 2016-17	
1:00 p.m.	Comet Spirit Power Dancers	
1:30 p.m.	Health and Financial Wellness Silver Sneakers for Retirees	
2:10 p.m.	Let's Zumba	
2:50 p.m.	Fire Extinguisher Safety	
3:30 p.m.	Line Dancing	

Please Join Us!

You don't need to register to attend the PEP Rally, but be sure to sign up in advance for the following free services:

- Catapult Health Checkup: register at timeconfirm.com/utdallas
- Ke-Kino Massage: register at https://utdallas.qualtrics.com/jfe/form/SV_bPZf4COUYPMr4aN
- Airrosti Evaluation: register at <https://go.airrosti.com/scheduler/event/3NKJ0AZIA64>



Catapult Health Checkup



Ke-Kino Massage



Airrosti Evaluation



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Thank you to all our vendors, community partners and UT Dallas departments for participating in the 2016 UT Dallas Benefits and Wellness Fair. We greatly appreciate the contributions you made to make this event a success!

We would also like to thank and acknowledge our special activities sponsors.

Promotional Communication



Massage



Photo Booth



Food



Participants

Airrosti

American Cancer Society

American Heart Association

Blue Cross Blue Shield of Texas

Catapult Health

Corporate Challenge

Dearborn National

Delta Dental

Environmental Health & Safety

Express Script

Fidelity

Ke-Kino Massage

Lincoln Financial

Maestro Health

Superior Vision

TIAA

UTD Employee Benefits Services

UTD Employee Wellness

UTD Recreational Sports

UTD Retiree Association

UT System Office of Employee Benefits

UTD Technology Store

UTSW EAP

UTSW Health Center

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