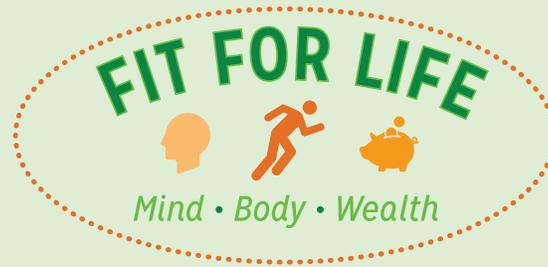


Are you wondering about the Teacher Retirement System?  
Have you gotten your flu shot this year?  
Do you feel lucky?



Attend The University of Texas at Dallas **FIT FOR LIFE** Wellness and Retirement Fair to learn all about the valuable benefits we offer, get free wellness screenings, and enter to win a variety of fabulous raffle prizes!

The Fit for Life Wellness and Retirement Fair will be on:  
**January 29, 2015 • 9:00 a.m. - 4:00 p.m.**

UT Dallas Student Union Galaxy Rooms  
800 West Campbell Road, Richardson, TX 75080-3021

Special presentations will also be held throughout the day in the UT Dallas Student Union Phoenix Room (SU 2.508).

9:00 - 9:45 a.m.	Is TRS Enough? (Voya)
10:00 - 10:30 a.m.	Wellness Resources Via Blue Care Connect
10:45 - 11:30 a.m.	Building a Portfolio for any Weather (Fidelity Investments)
11:45 a.m - 12:30 p.m.	Investing for Women (TIAA-CREF)
12:45 - 1:15 p.m.	Health & Nutrition
1:30 - 2:15 p.m.	Retirement Income Strategies (Valic)
2:30 - 3:15 p.m.	20 Something? Kick-Start Your Retirement. Making a Case for Saving...Today (Lincoln Financial)
3:30-4:00 p.m.	Health and Wellness – Utilizing the Living Well Platform

Build your physical and fiscal fitness (and have a blast with your colleagues) at the **FIT FOR LIFE** Wellness and Retirement Fair on January 29.

To register for the fair and presentations, please go to [www.utdallas.qualtrics.com/SE/?SID=SV\\_db5Pb8dMK5fCKsB](http://www.utdallas.qualtrics.com/SE/?SID=SV_db5Pb8dMK5fCKsB).

To register with Catapult Health and schedule your free on-site health screenings, go to [www.timeconfirm.com/utdallas](http://www.timeconfirm.com/utdallas).

To register with Passport Health/North Texas and schedule a flu shot appointment, go to [www.passageware.com/flusignup/utdallas/](http://www.passageware.com/flusignup/utdallas/).