



*Get a jump start on  
your day & walk @  
10 for 10!!*



**Date: 05/01/2014**  
**Time: 10:00 a.m.**  
**Where: Trellis @ the Plinth**

Join us in kicking-off the  
2014 UT System  
Physical Activity Challenge  
"Living Well, Moving Well"

by walking 10 minutes at 10 a.m. around the  
UT Dallas Mall

*Pedometers will be distributed before and after the event. A copy of your registration email will be required when picking up your pedometer.*

*To participate in the UT Dallas weekly drawings, you must complete the Authorization for the Disclosed of Protected Health information at*

*<https://livingwell.provantonline.com>*

**LivingWell** make it  
a priority

THE UNIVERSITY of TEXAS SYSTEM