





## The Fitness program is:

Convenient – use any facility in the large national network

Affordable - join for \$25 and pay just \$25 per member per month<sup>†</sup>



## Join the Fitness **Program Today!**

It's easy to sign up.\*

- 1. Go to www.bcbstx.com/ut and click the Log In tab.
- Choose I'm a Member to log in to Blue Access for Members™. If this is your first visit, click "Register Now" on the right to choose a User Name and Password. Make sure you have your Blue Cross and Blue Shield of Texas ID card, so you can type in your Group and ID/Subscriber numbers.
- 3. Under Quick Links, choose Fitness Program. On this page you can enroll, search for fitness centers near you by zip code and learn more about the program.
- 4. Click Begin Enrollment, then search and select the fitness center that is best for you.

Remember, you can visit any participating fitness center after you sign up.

- 5. Verify your personal information and method of payment. Print your temporary Fitness Program membership card.
- 6. Visit a facility today!

\*You must be 18 or older to join the Fitness Program.





If you have questions or would rather enroll by phone, call 888-762-BLUE (2583), Monday – Friday, between 8 a.m. and 9 p.m. in any continental U.S. time zone.

## **About the Fitness Program Membership**

- Your first payment includes a one-time \$25 enrollment fee and \$25 for the first month of membership. Taxes, if applicable, will be added. You will automatically be billed \$25, plus applicable taxes, each month from the credit card or bank account you provided during enrollment.
- You will get your Fitness Program membership card by mail in three to four weeks. Until then, use the temporary card.
- Enjoy the benefit.

<sup>&</sup>lt;sup>†</sup>This price is effective Jan. 1, 2012.