



Fun and informative Day Camps

for big brothers and big sisters to-be!

Welcoming a new baby into the family is certainly exciting, but it can also be very stressful—especially for the littlest member of your family. Ease the transition for your child by attending one of The Medical Center of Plano’s special camps designed for expectant siblings.

Teddy Bear Camp

For children 2 and 3 years old

Siblings are asked to bring their teddy bear with them as they listen to a story, learn about what new babies are able to do, learn how to hold them (with parents’ assistance) and make a door hanger for their room and the new baby’s room. Parents are invited to come along as we journey through the labor and delivery area and sit by tents as we focus on the new baby.



Teddy Bear Camp held on select Saturdays in 2011 from 10 a.m.-11 a.m.:

Feb. 12, April 9, June 11, Aug. 13, Oct. 8, and Dec. 10

New Baby Day Camp

For children 4 years and up

A unique event featuring a fun and interactive day where kids learn:

- What a new baby looks like
- How to become a “big helper”
- How to make friends with the new baby
- Tour the labor and delivery area
- Learn about feelings
- Enjoy craft projects (make a choke tube, make a door hanger)

New Baby Day Camp held on select Saturdays in 2011 from 9 a.m.-12 noon:

Jan. 15, March 12, May 14, July 9, Sept. 10, and Nov. 12



Please call 972.519.1209 for more information or to register!



The Medical Center of Plano

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Introducing...

Child CPR & First Aid

Date: 4th Saturday of Every Month

Time: 3:30-5:00 pm

Location: Building III, Suite 315

At this class, you will learn CPR, First Aid and Safety for your 1+ year old. A great continuation to the Infant Safety and CPR class. Cost is \$30.

Sign up today by calling **972-519-1209** or by e-mailing **mcpl.childbirth@HCAhealthcare.com**

American Heart
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Learn and Live™

 The Medical
Center of Plano