



# The Medical Center of Plano

## Screening Day 2011 4 Great Events in 1 Location

### Diabetes Health Fair

80 Million Americans are living with high blood sugars and may not know it. Come participate in the following:

Screenings include:

- ★ Blood Sugar (Glucose)
- ★ Blood Pressure
- ★ Vision
- ★ Foot Check

Information Booths include:

- ★ Ask A Doctor, Pharmacist, Dietitian and Certified Diabetes Educator
- ★ Diabetes Mgmt & Nutrition
- ★ Supply Vendors

Free Screening

### Peripheral Arterial Disease (PAD) Screening

PAD is a common circulation problem in which the arteries that carry blood to the legs or arms become narrowed or clogged. This interferes with the normal flow of blood, sometimes causing pain, but often causing no symptoms at all. PAD can lead to heart attack & stroke if not treated.

This is a quick and non-invasive screening that involves using BP cuffs to measure pressure in your limbs.

No appointment necessary  
First come, first served!

Free Screening

**Saturday,  
September 17<sup>th</sup>  
8:00 am – 1:00 pm  
Hospital Atrium**  
*Light Refreshments Provided*

### Prostate Cancer Screening

This screening is designed to find prostate cancer at an early stage in men who have no symptoms.

Screening includes:

- ★ Non-fasting blood test
- ★ Examination by Physician

No appointment necessary  
First come, first served!

Free Screening

### Wellness Weekend At Women'sLink

- ★ Schedule Your Screening Mammogram & Bone Density, call 972-612-6500 (Insurance will be filed, Physician order required for Bone Density)

### Also Come and Enjoy

- ★ Red Carpet Photos
- ★ Movie Screenings
- ★ Our own "Walk of Fame"!
- ★ Chair Massages
- ★ Prizes