

Spirit *girls*

& mom's too!

**Looking for
something FREE & FUN
to do with your daughter?**

We've created a program for
BOTH of you... and we've
made it not just fun but
informative too!

Join us at
The Medical Center of Plano
for the opportunity for
moms & their middle school
aged girls' to learn together
how to take charge of their
lives.

August 15th "Be Cool for School" Girls will do a fun locker craft and have a
discussion about bullying in schools. A great back to school event.

September 19th "Body Art or Body Smart?" They might look cool, but
tattoos and body piercings can be harmful to your body. What you should know about this
trendy body art.

The **3rd Sunday of every
month at 2:00 pm** is the
time for the two of you to get
together at

For more information or to register:

call 214.473.7317 or

Email mcpl.mcpl-womens@hcahealthcare.com



The Medical
Center of Plano

Located in the Auditorium 4001 W. 15th St. Building III, Ste. 315